




KJ's EDUCATIONAL INSTITUTES

TRINITY ACADEMY OF ENGINEERING

Approved by AICTE, Government of Maharashtra & Affiliated to Savitribai Phule Pune University
S.No.25 & 27, PIsoli, Kondwa-Saswad Road, Bopdev Ghat, Pune-411048 Ph:8446091199

(Accredited with  Grade By NAAC) AISHE Code:C-51485

O.No.KJEI/TAE/2021-22/Committee/3899

Date :06.07.2021

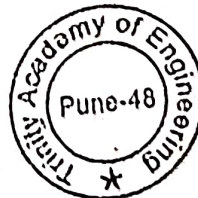
Office Order: Health Club (Yoga) / Gender Equality Committee for AY 2021-22


This is to inform you about formation of Health Club (Yoga) / Gender Equality Committee for Academic Year 2021-22. Health Club (Yoga) / Gender Equality Committee play an important and crucial role in the holistic development of our students. Considering mandatory requirements for the overall development and growth of the institute; we have re-formulated the committee in consultation with heads of the departments.

Sr.	Name of Committee/Cell	Name	Department	Designation
1	Health Club (Yoga) / Gender Equality Committee	Mr. Gulame M.B.	E&Tc	Coordinator
		Mrs. ShahbadAlfiya	Computer	Member
		Mr. Shaikh A.C.	Mechanical	Member
		Mr. Tandale S.C.	Civil	Member
		Mrs. Deshmukh G.N.	Engg. Sci.	Member

The Committee Members and Coordinator are expected to conduct meetings in consultations with the undersigned to prepare detailed 'Action Plan' in this regard for the overall coordinated functioning of the committee. The committee members should submit the action plan and budget to the principal office before closing hours of 15 July 2021.

This is for necessary and diligent actions and timely compliances.




06-07-22
(Dr. Nilesh J. Uke)
Principal
Trinity Academy of Engineering
Kondhwa-Saswad Road, Pune-48



KJ's Educational Institute
TRINITY ACADEMY OF ENGINEERING, PUNE
(Approved by AICTE, New Delhi, Govt. of Maharashtra & affiliated to SPPU, DTE Code: EN6634)
(Accredited by NAAC with 'A' Grade)



Date: 16.05.2022


Notice (Committees for AY 2021-22)

Sr.	Committee/Cell	Department	Member	Coordinator
1	Alumni Cell	Computer/MCA/IT	B Deshmukh	Warvate BR
		Mechanical	Vaibhav Rahinj	
		Civil	Kate SR	
		E&TC	Thite TG	
2	Anti-Ragging Committee	Computer/MCA/IT	Kulkarni N.J	Kapure SB
		Mechanical	Dr. K B Gavali	
		Civil	Dr. Deshmukh SS	
		E&TC	Kulkarni DD	
		Engg Science	Kapure SB	
3	College/Wall Brochure/Magazine	Computer/MCA/IT	Shendkar BD	Matale DG
		Mechanical	Mrs. Kadam PN	
		Engg Science	Matale DG	
		E&TC	Saste SS	
		Civil	Patil GL	
4	Cultural Club	Computer/MCA/IT	Adgale Sussha	Adgale Sussha
		Mechanical	Baitule DA	
		Civil	Patil GL	
		E&TC	Saste SS	
		Engg Science	Aleem UV	
5	Entrepreneurship Development Cell (EDC)/ Technology Business Incubation Center (TBI)	Computer/MCA/IT	Patil PR	Patil PR
		Mechanical	Chandan M N	
		Civil	Ghorpade KH	
		Engg Science	Kapure SB	
		E&TC	Thite TG	
6	Health Club (Yoga)/ Gender Equality	Computer/MCA/IT	Ritesh Giri	Tandale SC
		Civil	Tandale SC	
		E&TC	Gulame MB	
		Mechanical	Kadam NR	
		Engg Science	Aleem UV	
7	Higher Education Cell (CEC)/ Library Advisory Committee	Computer/MCA/IT	B Deshmukh	Shirle AC
		Mechanical	Mrs. Kadam PN	
		Computer/MCA/IT	Ritesh Giri	
		Civil	Shirle AC	
		E&TC	Kranti Patil	

Trinity Academy of Engineering

8	Industry Institute Interaction Cell	Computer/MCA/IT	Sameer Kakade	Jakkan DA
		Mechanical	Kadam NR	
		Civil	Patil GL	
		E&TC	Jakkan DA	
9	NSS	Computer/MCA/IT	Alfiya Shahbad	Kolate VD
		Mechanical	Kolate VD	
		Engg Science	Tushar Jagdale	
		E&TC	Jakkan DA	
		Civil	Augad VA	
10	Professional Chapters (IE, CSI, IETE, ISTE, IEEE, ASME, etc.)	Computer/MCA/IT	Shendkar BD	Baitule DA
		Mechanical	Baitule DA	
		Civil	Warvate BR	
		E&TC	Gulame MB	
11	Research and Development Cell	Computer/MCA/IT	Dr. A Kanawade	Kulkarni N.J
		Mechanical	Chandan M N	
		Civil	Tandale SC	
		E&TC	Thite TG	
		MCA	Dr. Amit Bhusari	
12	Social Activity/CSR	Computer/MCA/IT	Baliram D	Manatkar PA
		Mechanical	Kolate VD	
		Civil	Manatkar PA	
		E&TC	Kranti Patil	
13	Sports Club	Computer/MCA/IT	Sameer Kakade	Augad VA
		Mechanical	Chandan M N	
		Civil	Augad VA	
		E&TC	Gulame MB	
		Engg Science	Matale DG	
14	Student Association (CESA, MESA etc.)	Computer/MCA/IT	Adgale Susha	Adgale Susha
		Mechanical	Baitule DA	
		Civil	Shirle AC	
		E&TC	Jakkan DA	
15	Training and Placement Cell	Computer	Dr. Amit Bhusari	Kiran Pawar
		Mechanical	Vaibhav Rahinj	
		Civil	Kale SS	
		Computer/MCA/IT	Ritesh Giri	
		E&TC	Saste SS	
16	Website Committee	Computer/MCA/IT	Zaman Nilufer	Zaman Nilufer
		Mechanical	Vaibhav Rahinj	
		Civil	Manatkar PA	
		E&TC	Thite TG	
		Engg Science	Tushar Jagdale	

17	Women anti sexual harassment Committee (Internal Compliant Committee)	Computer/MCA/IT	Alfiya Shahbad	Dr. K B Gavali
		Civil	Kale SS	
		E&TC	Kranti Patil	
		Engg Science	Kapure SB	
		Mechanical	Dr. K B Gavali	
		Mechanical	Mrs. Kadam PN	
18	IQAC (NAAC)	Computer/MCA/IT	Dr. A Kanawade	Dr. Deshmukh SS
		Mechanical	Kolate VD	
		Civil	Ghorpade KH	
		E&TC	Thite TG	
		Engg Science	Dr. Haloli HG	
19	Promotional Cell (Social Media/ Reviews/ Video/ Print Media)	Computer/MCA/IT	Sameer Kakade	Kulkarni DD
		Civil	Warvate BR	
		Mechanical	Kadam NR	
		E&TC	Saste SS	
		Engg Science	Akshay Changale	
		Computer	Zaman Nilufer	


 Principal

3/3



Date - 31/12/2021

Health Committee 2021-22

Activities Planned for AY 2021-22

Committee Members

- 1) Computer - Alfiya Shabad
- 2) E&TC- Gulame Mayuresh
- 3) Mechanical - Adil Shaikh
- 4) Civil - Tandale Suraj
- 5) Engg. Science - Gayatri Deshmukh

Sr. No.	Name of activity	Date	Remark
1	Health activity for FE students	3-1-2022	Upcoming event
2	Meditation session	In the month of March 2022	Upcoming event


Health committee Coordinator

TAE Pune

सावित्रीबाई फुले पुणे विद्यापीठ
(पूर्वीचे पुणे विद्यापीठ)

Trinity Academy of Engineering
Inward No. 486
Inward Date. 1-9-2024



क्रीडा व शारीरिक शिक्षण मंडळ

आभुजातल्ल, पुणे शहर, पुणे - ४११००५
दुरध्वनी क्र. ०२०-२५६०११११, २५६०१११२, २५६०१११३, २५६०१११४, २५६०१११५

दिनांक २० ऑगस्ट २०२४

संख्या, चिप्रांतग/३/२५१७९

प्रति,
भा. प्राचार्य / भा. संचालक / भा. विभागप्रमुख,
सावित्रीबाई फुले पुणे विद्यापीठ संलग्न असलेली
सर्व महाविद्यालये व मान्यताप्राप्त संस्था,
सावित्रीबाई फुले पुणे विद्यापीठातील सर्व पदव्युत्तर विभाग

विषय : योग प्रोटोकॉल (Y-Break) बाबत...

महोदय / महोदया,

आयुष्य मंत्रालयामार्फत योग प्रोटोकॉल (Y-Break) हा उपक्रम तयार करण्यात आला आहे. याचत विद्यार्थ्यांक अनुक्रम
आयुष्य, नवी दिल्ली यांचे दि. २७ ऑगस्ट, २०२१ रोजीच्या पत्राची प्रत आपल्या अवलोकनां व पूर्णतः कार्यक्षमतेसाठी
पाठवीत आहे.

याद्वारे आपणांम विनंती की, वरील उपक्रमाबाबत आपण आपल्या महाविद्यालयातील / मान्यताप्राप्त संस्थांम
विद्यापीठातील पदव्युत्तर विभागातील सर्व घटकांना ज्ञात करावे व सदर उपक्रमाल सहभाग घेण्याम प्रोत्साहन वाचव.
विनंती.

कळावे,

आपला विश्वासू,

5/8/24
प्रा. (डॉ.) दिपक माने
संचालक
क्रीडा व शारीरिक शिक्षण मंडळ

Dr. Gulme/Kayatri
1.9.24

HOD
Phy. Edu.

27/8

University Grants Commission

Ministry of Education
New Delhi

Secretary

Secretary

Secretary

27th August, 2021

D.O.No.14-13/2018(CPP-II)

Subject : Yoga Protocol (Y-Break) developed by Ministry of AYUSH

Dear Madam/Sir,

Ministry of AYUSH has come out with a short duration Yoga Protocol (Y-Break) for people at work place with a view to refresh, de-stress and refocus them with enhanced efficiency and productivity. The module was launched in January, 2020 on Pilot Project basis.

Consequent to its success, an android based application Y Break was made available recently on Google Play Store for access by all. A campaign has been launched to make awareness of the Yoga protocol to have access & usage Y-Break Protocol/APP among workforce for all over the country so as to keep them stay fit & healthy with a view to increase productivity. A leaflet describing the Y-Break protocol is also attached.

All the universities and its affiliated colleges / institutions are requested to make aware all stakeholders about this initiative of Ministry of AYUSH.

With kind regards,

Yours sincerely,

(P.K.Thakur)

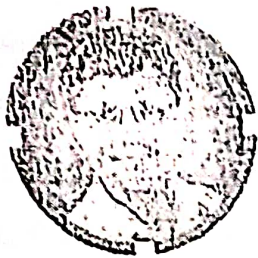
The Vice Chancellors of All Universities
The Principals/ Directors of all Colleges / Institutes

27 AUG 2021
2768
27/8/21

Department of Physical Education
28 AUG 2021
Inward No. SPED/DPPE/578
Savitribai Phule Pune University
(Formerly University of Pune)

For circulation

Guidance



Valdy Rajesh Kotecha
Secretary
Ministry of AYUSH, Government of India

Patron



Shri Shripad Yesso Nalk
Hon'ble Minister of State (I.C) for AYUSH
and Minister of State for Defence
Government of India

Concept



Shri. P. N. Ranjit Kumar
Joint Secretary
Ministry of AYUSH, Government of India

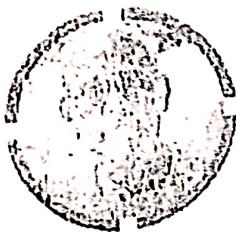
Yoga Experts



Dr. Ishwar V. Basavaraddi
Director, Morarji Desai National Institute of Yoga
Adviser (Yoga & Naturopathy), Ministry of AYUSH
Project Director, WHO-CC for Traditional Medicine (Yoga)
68, Ashok Road, New Delhi-110001



Dr. Mukund Vinayak Bhole
Consultant in Yoga Therapy
& Promoter of Experiential Yoga
Lokmanya Medical Research Centre
Former Joint Director of Research K. Samst
16, Badavishal society
Lonavla-410403

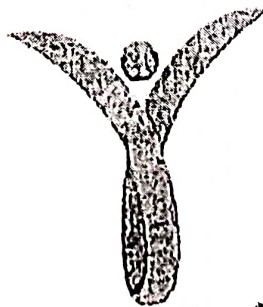


Shri. S. Shridharan
Leading Yoga Expert and Trustee,
Krishnamacharya Yoga Mandiram
Old No 13, New No 31, Fourth Cross Street,
Rama Krishna Nagar, Raja Annamalai Puram,
Chennai, Tamil Nadu 600028

Coordinator



Dr. D. Elanchezhiyan
Project Coordinator, WHO CC (Yoga)
Morarji Desai National Institute of Yoga (MDNIY)
68, Ashok Road, New Delhi-110001



**YOGA
BREAK**

Publisher



Morarji Desai National Institute of Yoga (MDNIY)
Ministry of AYUSH, Govt. of India 68, Ashok Road New Delhi-110001
Website: www.yogabreak.com, www.mdniiy.org

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KJ's Educational Institute

TRINITY ACADEMY OF ENGINEERING, PUNE

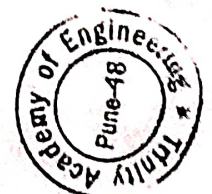
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International Yoga day Report

Program Committee:		Health Committee	
Date:	21/06/2021	Time:	6:30 am to 7:30 am
Venue:	TAE and Online platform		
Title of Program:	Celebration of International Yoga day		
Guest	Ms. Rupali Raste and Ms. Sunanda Lipare		
Targeted Audience:	For all students and staff		
No. of Participant present:	100		

The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. We never have a true idea of its value until we lose it. Yoga takes you into the present moment, the only place where life exists. Yoga is group of physical, mental, spiritual practices or disciplines. So on the occasion of international yoga day Trinity academy of Engineering Pune has celebrated yoga day on 21st June 2021 to improve student's health and to enhance their progress in extracurricular activities. The event started with welcoming of guest Ms. Rupali Raste and Ms. Sunanda Lipare, Trainer of Yoga Guru academy Pune. The principal Dr. Nilesh Uke sir told the importance of yoga and physical fitness. Both trainer gave very important information of Yoga and Yog Pranayama to students. They online demonstrated in front of students Yoga and Pranayama. Students also understood importance of yoga and pranayama. Finally the program is ended with vote of thanks by Ms. Supriya Sasate.



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Dr. Nilesh J. Uke
Ph.D. (Computer Science)
Principal

Shri Kalyan. J. Jadhav
M. Com (Hons.)
- Founder President

To,
Mr. Satej Gohel,
Fitness Coach,
Partner at Optimum HR.

Date: 24-11-2021

Sub: Letter of invitation for a guest speaker


Respected Sir,

We are delighted to have the opportunity of inviting you as a guest speaker in our college for the faculties on the subject of "Fab & Fit" organized by the Health Committee of Trinity Academy of Engineering. We will be honored to share your guidance. Our Guest Lecture will be conducted through Microsoft Teams on 27th November 2021 from 3:00 pm.

We hope you will accept our request of this invitation and help our faculties to gather knowledge. We will undoubtedly benefit a lot from your presence and guidance.

Thanking you in anticipation.

Yours Sincerely,


(24-11-21)

Mr. Mayuresh Gulame

Health Committee (HR)



Dr. Nilesh Uke

Principal



HEALTH COMMITTEE ACTIVITY REPORT

Program committee:	Health Committee of Trinity Academy of Engineering, Pune.
Program coordinator:	Mr. Mayuresh Gulame
Organizing Committee members:	1. Mr. Mayuresh Gulame (Health Committee Coordinator) 2. Mr. Suraj Tandale 3. Mrs. Alfiya Shaikh 4. Mrs. Gayatri Deshmukh 5. Mr. Aadil Shaikh
Date of program:	27th, November 2021
Time of program:	3.00 pm to 4.15 pm
Venue:	Seminar Hall, Trinity Academy of Engineering, Pune
Topic	Fitness Session for TAE staff and students
Guest of Session:	Mr. Satej Gohel (Fitness Coach)

About program

The KJ's Educational Institutes' Trinity Academy of Engineering organized **Fitness Session** under Fit movement for the students and teaching and non staff of the college under Health Committee.

Inaugural Session

The program was inaugurated by Principal Dr. N. J. Uke. On 27th November 2021 in Seminar hall of Trinity Academy of engineering, Pune. During the inaugural session, the Mrs Gayatri Deshmukh introduced about the guest and other related information about the program importance. It was a very best for the students and staff to acquire knowledge about being fit. Guest encourage the participants to take maximum benefit from the **Fitness Drive** and to closely interact with the guest related any type of Fitness help in regards health. Guest was felicitated online on MS Teams by principal sir and hod's. Mrs. Gyatri Deshmukh, introduced for above program with supporting staff Mrs. Alfiya Shaikh, Mrs. Gayatri Deshmukh, Mr. Aadil Shaikh coordinated the program. As a appreciation we acknowledged to their efforts for college.



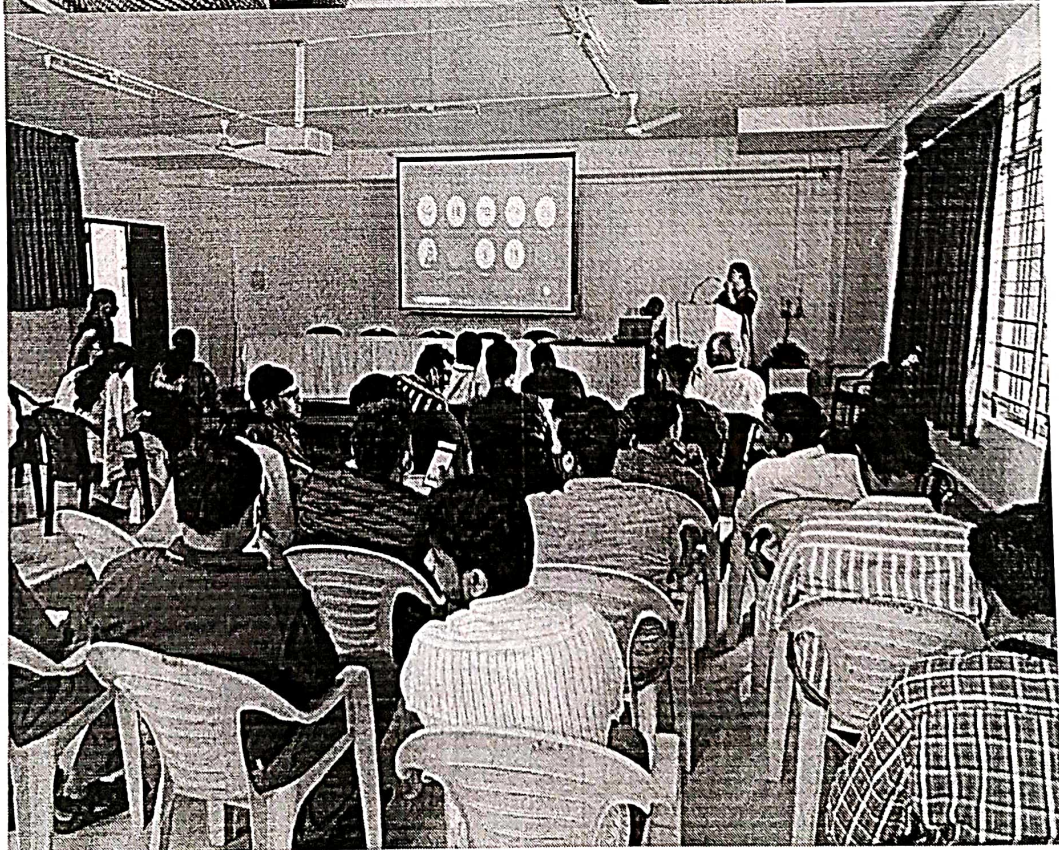
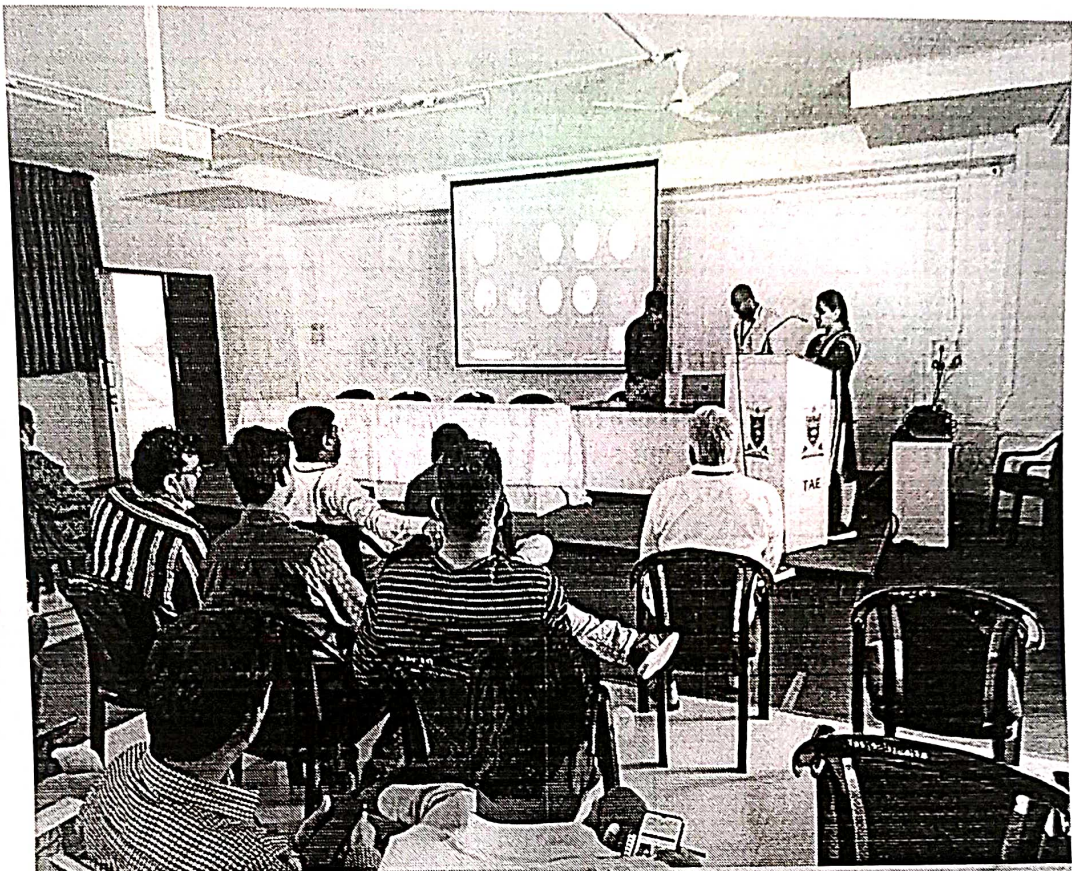
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Inaugural Session Photographs





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Program outcome

The Fitness session under Health committee was an attempt to increase the awareness of fit body and good health amongst the student and staff which help them to maintain healthy lifestyle. Mr. Satej Gohel is fitness coach and expert advised and gave tips regarding health in this corona period, hope for positive thinking and health. It was a knowledge full session no doubt, but it also helped, how to maintain balanced diet for good physical health. The Program was successfully conducted and teaching and non teaching staff with other participant as much as possible.

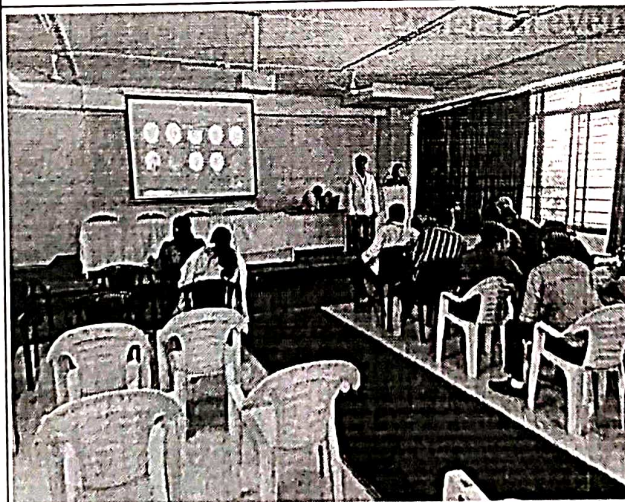
Program event photos



1. Inaugartion



2. Principal Speech



3. Question and Answer session



4. Venue: Seminar Hall

Mr. Mayuresh Gulame
Health Committe Coordinator

Dr. Nilesh J. Uke.
Principal
TAE, Pune



HEALTH COMMITTEE/SPORTS COMMITTEE ACTIVITY REPORT

Program committee:	Health Committee/Sports Committee of Trinity Academy of Engineering, Pune.
Program coordinator:	Mr. Mayuresh Gulame/ Mr. Vaibhav Augad
Organizing Committee members:	1. Mr. Vaibhav Augad (Sports Committee Coordinator) 2. Mr. Mayuresh Gulame (Health Committee Coordinator) 3. Mr. Suraj Tandale 4. Mrs. Alfiya Shaikh 5. Mrs. Gayatri Deshmukh 6. Mr. Aadil Shaikh 7. Mr. Digamber Matale 8. Mr. Sameer Kakade
Date of program:	1st December 2021
Time of program:	10.00 am to 11. 30 am
Venue:	Health and Yoga Center, Trinity Academy of Engineering, Pune
Topic	Yoga and Fitness Session for TAE staff and students under AICTE FIT INDIA CHALLENGE HUM FIT TOH INDIA FIT
Guest of Session:	Ms. Rupali Raste Ms. Sunanada lipare (Fitness and Yoga Mentor)

About program

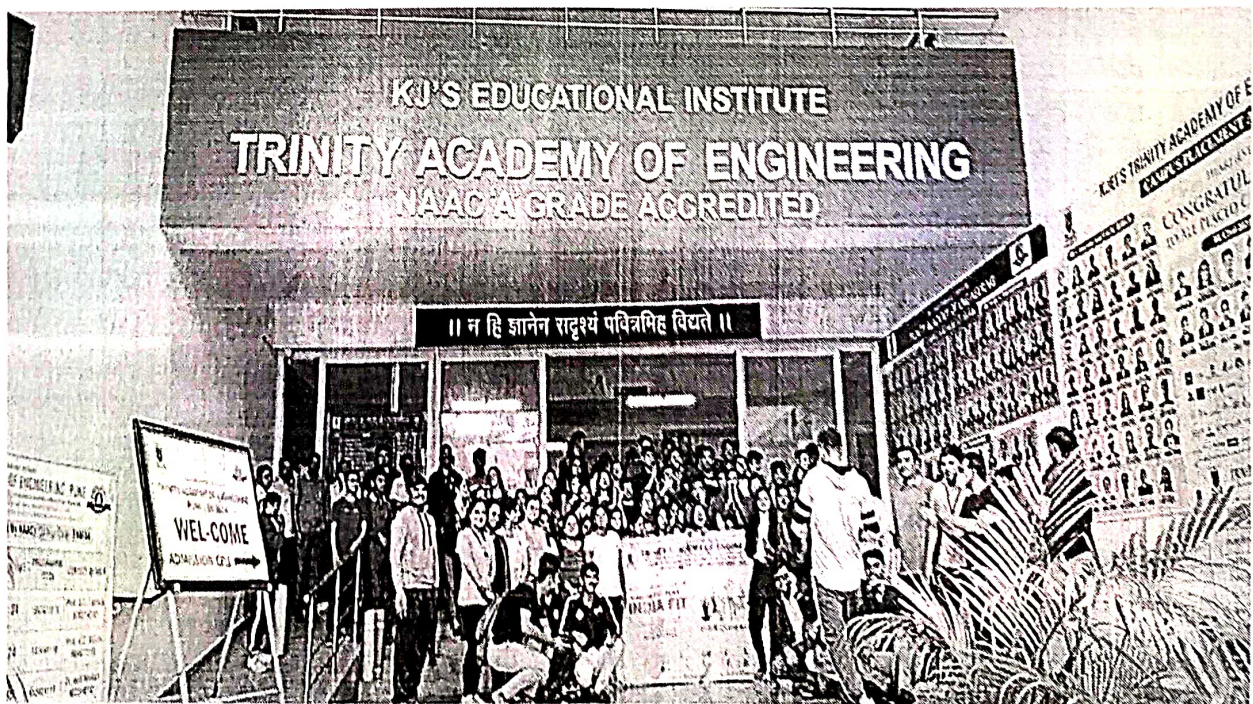
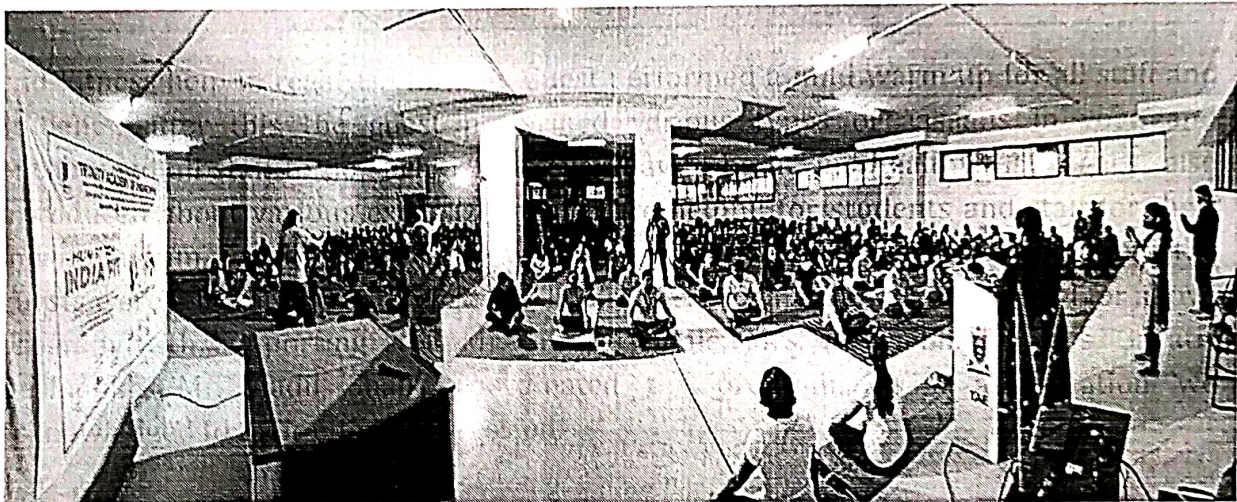
The KJ's Educational Institutes' Trinity Academy of Engineering organized **Yoga and Fitness Session** under Fit movement by AICTE FIT INDIA CHALLENGE HUM FIT TOH INDIA FIT for the students and teaching and non staff of the college under Health Committee.

Inaugural Session

The program was inaugurated by Mrs. Alfiya Shahbad On 1st December 2021 in Health and Yoga center of Trinity Academy of Engineering, Pune. During the inaugural session, the Mrs. Gayatri Deshmukh introduced about the guest and other related information about the program importance. It was a very best for the students and staff to acquire knowledge about being fit and how to maintain good health with right exercises and yoga. Guests encourage the participants to take maximum benefit from the **Yoga and Fitness Session** to closely interact with the guest related any type of Yoga

and Fitness help in regards. Initially Guest performed a mild warm up for all staff and students, after this the guest performed various types of aasaans in yoga and encouraged all staff to do such asanas everyday to be fit and healthy. Later guest also introduced about various excersizes which are helpful for students and staff for their individual aim. Finally the session was concluded by Mr. Mayuresh Gulame and the guests were felicitated by principal and hod's. Mrs. Alfiya Shahbad, introduced for above program with supporting staff Mr. Suraj Tandale, Mrs. Alfiya Shaikh, Mrs. Gayatri Deshmukh, Mr. Aadil Shaik, coordinated the program. As a appreciation we acknowledged to their efforts for session.

Inaugural Session Photographs

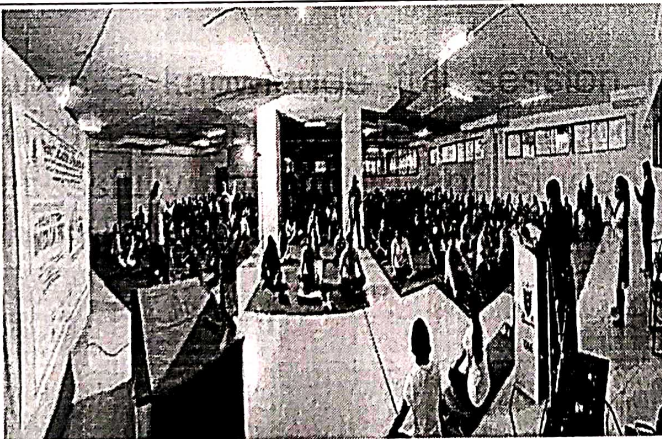


Program outcome

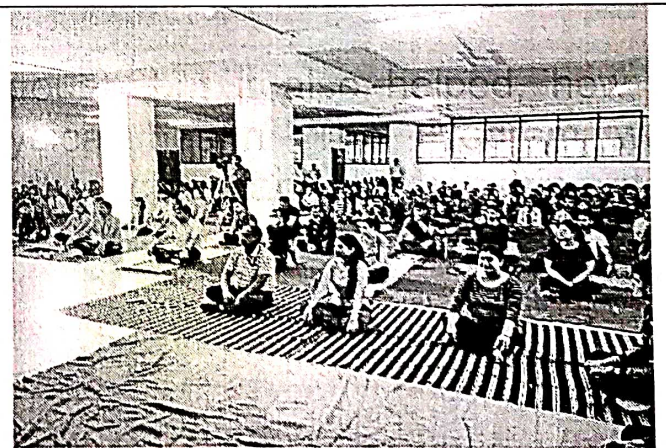
The AICTE Fit India session under Health committee & Sports committee was an attempt to increase the awareness of fit body and good health for "AICTE fit India challenge hum fit toh India fit" amongst the student and staff which help them to maintain healthy lifestyle. **Ms. Rupali Raste & Ms. Sunanada lipare** is Yoga & fitness mentor taught various asnas of yoga with expert advice and helped with tips regarding health and how to be fit, hope for positive thinking and health.

It was a knowledge full session no doubt, but it also helped, how to maintain balanced diet for good physical health. The Program was successfully conducted and students and teaching and non teaching staff with other participant as much as possible.

Program event photos



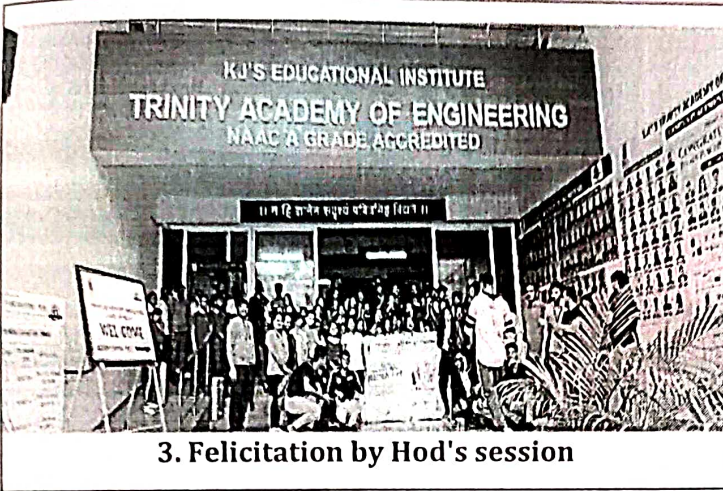
1. Inaugartion



2. Yoga Session



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3. Felicitation by Hod's session



4. Venue:

Mr. Vaibhav Augad
Sports Committee Coordinator

Mr. Mayuresh Gulame
Health Committee Coordinator

Dr. Nilesh J. Uke.
Principal
TAE, Pune